

Spinal & Peripheral Manipulation Certificate



TRAINING FOR
PHYSIOTHERAPISTS
SINCE 2006

For the 2nd time

Location:

Beirut-Lebanon



Date:

18-19-20 MAY 2023

About Tutor:

- Musculoskeletal Physical Therapist and Osteopathy UK
- Member of GOsC, CSP, HCPC, iO, Fsem UK

Dr. Tameem is a Musculoskeletal Physical therapist and an osteopath practising in Riyadh, Saudi Arabia. He trained & practiced Osteopathy and Physiotherapy in United Kingdom. Lecturer in osteopathy. He Has Bachelor in Physical therapy Egypt, Diploma in Musculoskeletal Medicine Royal College of Surgeons UK, Master in Osteopathy Greenwich Univ. UK.



Dr. Tameem Mohamed

Topics to be covered:

1. Principles of manipulation techniques
2. Indications on safe and comfortable use of manipulations
3. Mechanisms of action for manipulations
4. Pathology Contraindications and red flags
5. Hands-on examination and assessment for restricted region
6. Review of anatomy and mechanics for practical region
7. Body mechanics when applying manipulation techniques.
8. Practice on integration manipulation into clinical practice.

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Practical Manipulation for:

- Cervical spine and Ribs
- Thoracic Spine
- Lumbo-pelvic region
- Upper and lower extremities manipulation for common disorder

The course aims to assess patients prior to manipulation techniques, practice thrust techniques, and identify contraindications to these techniques.

Who can attend:

Physiotherapists graduates and internship students

For inquiries & booking:



+961 3 728 710

lebanon@primephysio.co

<http://www.primephysio.com/>